

Who I Am in Christ

The Basics for Self-Acceptance

“. . . Christ in you, the hope of glory” (Colossians 1:27)

I am God’s child, born of incorruptible seed.

“Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever” (I Peter 1:23).

I am forgiven of all my sins and washed in His blood.

“In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace” (Ephesians 1:7).

I am a new creature.

“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new” (II Corinthians 5:17).

I am free from the power of darkness.

“Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son” (Colossians 1:13).

I am redeemed from the curse of the law.

“Christ hath redeemed us from the curse of the law” (Galatians 3:13).

I am strong in the Lord.

“Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ’s sake: for when I am weak, then am I strong” (II Corinthians 12:10).

I am accepted in Christ.

“He hath made us accepted in the beloved” (Ephesians 1:6).

I am a saint.

“To all that be in Rome, beloved of God, called to be saints” (Romans 1:7).

I am blessed.

“And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.” (Deuteronomy 28:2).

I am beloved of God.

“Knowing, brethren beloved, your election of God” (I Thessalonians 1:4).

I am qualified to share in Christ’s inheritance.

“Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light” (Colossians 1:12).

I am chosen by God.

“According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love” (Ephesians 1:4).

I am crucified with Christ.

“I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me” (Galatians 2:20).

I am dead to sin.

“God forbid. How shall we, that are dead to sin, live any longer therein? . . . Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord” (Romans 6:2,11).

I am alive with Christ.

“Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved)” (Ephesians 2:5).

I am elect.

“Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering” (Colossians 3:12).

I am loved with an everlasting love.

“The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee” (Jeremiah 31:3).

I am complete in Christ.

“And ye are complete in him, which is the head of all principality and power” (Colossians 2:10).

I am established to the end.

“Who shall also confirm you unto the end, that ye may be blameless in the day of our Lord Jesus Christ” (I Corinthians 1:8).

I am called of God.

“Who hath saved us, and called us with an holy calling, not according to our works, but according to his own purpose and grace, which was given us in Christ Jesus before the world began” (II Timothy 1:9).

I am brought near by the blood of Christ.

“But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ” (Ephesians 2:13).

I am set free.

“Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed; and ye shall know the truth, and the truth shall make you free” (John 8:31-32).

I am buried and raised up with Christ.

“Buried with him in baptism, wherein also ye are risen with him through the faith of the operation of God, who hath raised him from the dead” (Colossians 2:12).

I am the light of the world.

“Ye are the light of the world. A city that is set on an hill cannot be hid” (Matthew 5:14).

I am the salt of the earth.

“Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men” (Matthew 5:13).

I am more than a conqueror.

“Nay, in all these things we are more than conquerors through him that loved us” (Romans 8:37).

I am Christ’s ambassador.

“Now then we are ambassadors for Christ, as though God did beseech you by us” (II Corinthians 5:20).

I am the apple of my Father’s eye.

“Keep me as the apple of the eye, hide me under the shadow of thy wings” (Psalm 17:8).

I am sealed with the Holy Spirit of promise.

“In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise” (Ephesians 1:13).

I am in Christ Jesus.

“But of him are ye in Christ Jesus, who of God is made unto us wisdom, and righteousness, and sanctification, and redemption” (I Corinthians 1:30).

I am a disciple of Christ.

“A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another” (John 13:34-35).

I am a joint-heir with Christ.

“And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together” (Romans 8:17).

I am a fellow citizen with the saints of God’s household.

“Now therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God” (Ephesians 2:19).

I am built on the foundation o the apostles and prophets, with Christ.

“And are built upon the foundation of the apostles and prophets, Jesus Christ himself being the chief corner stone” (Ephesians 2:20).

I am healed by the wounds of Jesus.

“Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed” (I Peter 2:24).

I am the firstfruits among His creation.

“Of his own will begat he us with the word of truth, that we should be a kind of firstfruits of his creatures” (James 1:18).

I am sent to do Christ’s will.

“Go ye into all the world, and preach the gospel to every creature” (Mark 16:15).

I am the righteousness of God through Jesus Christ.

“For he hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him” (II Corinthians 5:21).

I am a partaker of His divine nature.

“Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust” (II Peter 1:4).

I am free from condemnation.

“There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit” (Romans 8:1).

I am reconciled to God.

“And all things are of God, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation” (II Corinthians 5:18).

I am called and ordained.

“Ye have not chosen me, but I have chosen you, and ordained you, that ye should go and bring forth fruit” (John 15:16).

I have access to the Father by His Spirit.

“For through him we both have access by one Spirit unto the Father” (Ephesians 2:18).

I am created in Christ Jesus for good works.

“For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them” (Ephesians 2:10).

I am being changed into His image.

“Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ” (Philippians 1:6).

I have everlasting life.

“Verily, verily, I say unto you, He that believeth on me hath everlasting life” (John 6:47).

I can do all things through Christ.

“I can do all things through Christ which strengtheneth me” (Philippians 4:13).

I am one with Christ.

“That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me” (John 17:21).

I have all my needs met by God’s riches in Christ.

“But my God shall supply all your need according to his riches in glory by Christ Jesus” (Philippians 4:19).

I have the mind of Christ.

“For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ” (I Corinthians 2:16).

I have overcome the world.

“For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith” (I John 5:4).

I live by the law of the Holy Spirit.

“For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death” (Romans 8:2).

I can do even greater works than Jesus Christ.

“Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father” (John 14:12).

I can walk in Christ Jesus.

“As ye have therefore received Christ Jesus the Lord, so walk ye in him” (Colossians 2:6).

I possess in me One greater than he that is in the world.

“Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world” (I John 4:4).

I press toward the goal.

“I press toward the mark for the prize of the high calling of God in Christ Jesus” (Philippians 3:14).

I have abundant life.

“The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly” (John 10:10).